

CONQUERING HEART DISEASE IN THE HIMALAYAN REGION

CONGRESS ON MANAGEMENT OF CARDIOVASCULAR XVI INTERNATIONAL DISEASE

2nd & 3rd November, 2018 Kathmandu, Nepal

Cardiac Society of Nepal

Shahid Gangalal National Heart Center Complex

Bansbari, Kathmandu, Nepal Tel:+977-1-4371322, 4371374

Email: csofnepal@gmail.com

Conference Agenda

PROGRAM AT A GLANCE

Thursday, 1st Nov 2018

Meet The Expert Session	Pre Congress - Mee	2:00 - 6:00
Hall B (Dhuku)	Hall A (Nepa)	Time

Friday, 2nd Nov 2018

6:30	04:20 - 06:00 Car Sur	04:00 - 04:20	02:00 - 04:00 Car Sur	01:00 - 02:00	11:00 - 01:00 Plenar	10:30 - 11:00	08:30 - 10:30 Plena	8:00	Time (No
	Cardiac Surgery		Cardiac Surgery		y Session I		y Session I		(Nepa)
Gala Dinner	Cardiology	Tea Break	Cardiology	Lunch	Plenary Session II : Heart Failure	Tea Break	Plenary Session I : Heart Failure	Registration	Hall B (Dhuku)
Dinner		3reak	Cardiac Anesthesia & Intensive Care	ıch		3reak		ration	Hall C (Rara)
	Nursing Symposium		Nursing Symposium						Hall D (Begnas)

Saturday, 3 Nov 2018

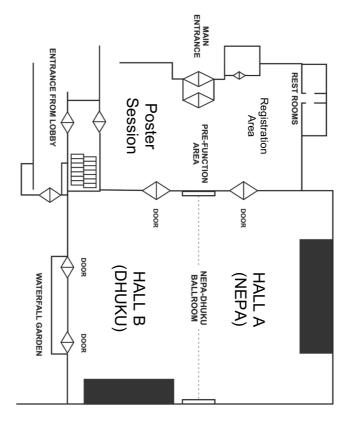
		Concluding Remarks	Concluding	04:30 - 04:40
		Award Ceremony	Award C	04:00 - 04:30
		er Session	Free Paper Session	02:00 - 04:00
	nch	Lunch		01:20 - 02:00
Nursing Symposium	Live Case Presentation from Shahid Gangalal National Heart Centre	Cardiology	Cardiac Surgery	12:00 - 01:20
				11:20 - 12:00
	3reak	Tea Break		11:00 - 11:20
Nursing Symposium		Cardiology	Cardiac Surgery	09:00 - 11:00
Hall D (Begnas)	Hall C (Rara)	Hall B (Dhuku)	Hall A (Nepa)	Time
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TABLE OF CONTENTS

Nursing Faculty	N E
National Faculty	n Na
	Fa
Free Paper Session 16	Fre
Poster Session	Po
Nursing Symposium14	N
presentation	-
	Ca
Cardiac Surgery	Са
Saturday, Nov 3, 2018 11-16	Sa
Nursing Symposium	Z
Cardiac Anesthesia and Intensive Care9	Ca
Cardiology	Ca
Cardiac Surgery7	Ca
	Ple
Friday, Nov 2, 2018 6-10	Fr.
Pre Congress – Meet The Experts Session5	Pre
Thursday, Nov 1, 2018 5	굿
Scientific Program	Sc
•	
Organizing Committee4	Or
- Hall D (Begnas)	Le
Level 2 – Hall C (Rara)	Le/
- Hall A (Nena) & Hall B (Dhikii)	<u>_</u>
Venue Floor Plan	۷e

VENUE FLOOR PLAN

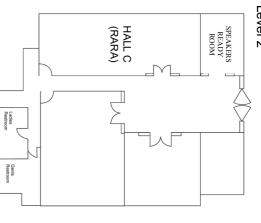
Level 1



Concludin	Award C	Free Pap	Cardiac Surgery	Plenary	Hall A (Nepa)
Concluding Remarks	Award Ceremony	Free Paper Session	Cardiology	Plenary Session	Hall B (Dhuku)

VENUE FLOOR PLAN

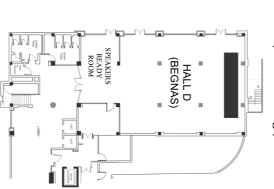
Level 2



Hall C (Rara)

Live Case Presentation from Shahid Gangalal National Heart Centre Cardiac Anesthesia & Intensive Care

Level 1 (New Building)



Hall D (Begnas)
Nursing Symposium

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ORGANIZING COMMITTEE

Organizing Chairman Yadav Kumar Deo Bhatt

Organizing Secretary Bijoy G. Rajbanshi Organizing Co-Chair
Deewakar Sharma

Mayo Coordinator Sheri Crow

Barsha Sharma **Administrative Coordinator**

ABSTRACT SCIENTIFIC COMMITTEE

Chandra Mani Adhikari Chairman

Members

Chandra Mani Poudel Kamal Sharma Lamsal Prem Raj Baidya Roshan Raut Ranjeet Baral

HALL A & B: Nepa Dhuku 1st November, Thursday - 02:00 - 06:00 Pre Congress

PRE CONGRESS - MEET THE EXPERTS SESSION

02:00 - 06:00	01:30 - 02:00
Session	Registration (Complimentary)

EXPERTS PANEL:

Maskey, Sanjib Sharma Cardiology: Ajay Bahl, Sudhir S. Kushwaha, James C. Blankenship, Yadav Bhatt, Arun

Mishra, Bhagawan Koirala Surgery: Carlos Mestress, Chua Yeow Leng, Duke Cameron, Kumud Dhital, Yugal

PRESENTERS:

- Yadav Kumar Deo Bhatt, Nepal
- Jaishankar Raman, USA
- Prasad Krishnan, USA
- Navin Gautam, Nepal
- Rabindra Bhakta Timala, Nepal
- Kenny Sin Yoong Kong, Singapore
- Bijoy Rajbanshi, Nepal

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- Nagma Shrestha, Nepal
- John Edmond, New Zealand
- Arun Maskey, Nepal
- Chandra Mani Poudel, Nepal
- Carlos Mestres, Switzerland
- Kirk Mihoan, USA

07:00 **Faculty Dinner**

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4

HALL A & B: Nepa Dhuku 2nd November, Friday - 8:00 - 01:00 Plenary Session

08:25 - 08:30 Welcome Address – Bijoy G. Rajbanshi	08:00 A.M Registration	
Rajbanshi		

PLENARY SESSION I: HEART FAILURE

MODERATOR: Sudhir S. Kushwaha

PANELIST: Jose Pomar, Arun Sayami, Jyotindra Sharma

	10:30 - 11:00
Mrigendra Samjhana Medical Trust (MSMT) Young Investigator Award Felicitation	
"Evolution of the Heart : A billion year journey" – Duke Cameron	
Mrigendra Samjhana Medical Trust (MSMT) Oration	09:50 - 10:30
Raman	
ECMO – A bridge to conventional Cardiac Procedures - Jaishankar	09:30 - 09:50
Ischemic Mitral Regurgitation – When and How – Carlos Mestres	09:10 - 09:30
patient - Sudhir Kushwaha	
HFrEF versus HFpEF: Optimal management for the hospitalized	08:50 - 09:10
Role of Genotype in Cardiomyopathy - Ajay Bahl	08:30 - 08:50

HALL A & B: Nepa Dhuku

PLENARY SESSION II: HEART FAILURE

MODERATOR: James C. Blankenship

PANELIST: Yugal Mishra, Lava Joshi, A.B Upadhyaya, Chua Yeow Leng

LUNCH	01:00 - 02:00
12:40 - 01:00 Diagnosis and Management of Myocarditis - Lakshman Paudyal	12:40 - 01:00
12:20 - 12:40 Role of Biomarkers in CHF - Subash Chandra	12:20 - 12:40
Frailty as a risk variable and prognostic marker in Heart & Lung Transplantation - Kumud Dhital	12:00 - 12:20
11:40 - 12:00 Role of CABG in patients with heart failure – Malcolm Underwood	11:40 - 12:00
Evaluation and Management of LV Dysfunction in Pediatric population - Kirk Milhoan	11:20 - 11:40
11:00 - 11:20 Inotrops in Decompensated Heart Failure - Subhash P Acharya	11:00 - 11:20

6

2nd November, Friday – 2:00 - 6:00 Break out Session HALL A: Nepa

CARDIAC SURGERY:

SOUTH ASIA CARDIOVASCULAR SURGERY FORUM

SESSION 1:

MODERATOR: Carlos Mestres

PANELIST: Bhagawan Koirala, Shahid Sami, Asit Baran Adhikary, Kunal Sarkar

Tea Break	04:00 - 04:20
Unprotected left main disease – coronary stent or bypass outcomes – Jose Pomar	03:40 - 04:00
LV Aneurysm to STITCH or Not to - Kenny Sin Yoong-Kong	03:20 - 03:40
Early and Midterm outcomes of Coronary Atherectomy – Asit Baran Adhikary	03:00 - 03:20
Single vs sequential anastomosis in CABG – is it worth the trouble – Vivek Jawali	02:40 - 03:00
Coronary Artery Bypass Surgery in LV dysfunction – Chua Yeow Leng	02:20 - 02:40
An Over View of Off Pump CABG - Current Status - Kunal Sarkar	02:00 - 02:20

HALL A: Nepa

SESSION 2:

MODERATOR: Vivek Jawali
PANELIST: Kenny Sin Yoong Kong, Raamesh Koirala, Navin C. Gautam, Kumud Dhital

Onward GALA Dinner	06:30
05:40 - 06:00 Surgery for isolated Tricuspid Valve Disease - Bhagawan Koirala	05:40 - 06:00
Valve Replacements in Developing Countries - search for the ideal prosthesis - Shahid Sami	05:20 - 05:40
Infective Endocarditis in Developing Countries - Carlos Mestres	05:00 - 05:20
Minimal Invasive Mitral Repair - Yugal Mishra	04:40 - 05:00
What's next in Mitral Valve Repair? - Jose Pomar	04:20 - 04:40

HALL B: Dhuku 2nd November, Friday - 2:00 - 6:00 Break out Session

CARDIOLOGY SESSION 1:

MODERATOR: John Edmond

PANELIST: Takashi Akasaka, Arun Maskey, Ratna Mani Gajurel, Sajan G. Baidya

TEA BREAK	04:00 - 04:20
Tips and Tricks in PCI in Acute Coronary Syndrome - John Edmond	03:40 - 04:00
Diagnostic challenges in Congenital Heart Disease - Kirk Milhoan	03:20 - 03:40
Total wrist access for complex PCI - Sasko Kedev	03:00 - 03:20
Access from the arm : New Strategies - James C. Blankenship	02:40 - 03:00
Tips and Tricks in Left main PCI - Kamraj Selvaraj	02:20 - 02:40
Risk management and Clinical Governance in Medicine - Shabin Man Joshi	02:00 - 02:20

SESSION 2

MODERATOR: Fraser Witherow
PANELIST: Lakshman Dubey, Sunil Jha, Chandra Mani Adhikari

Cognitive Biases in Interventional Cardiology - James C. Blankenship	05:40 - 06:00
Management options in Hypertrophic Cardiomyopathy - Ajay Bahl	05:20 - 05:40
05:00 - 05:20 CVD in Diabetics - Arun Maskey	05:00 - 05:20
Role of CT Coronary Angiography in assisting the Cardiac Interventionist - Takashi Akasaka	04:40 - 05:00
Rationalizing the pharmaco therapy in Acute Coronary Syndrome - Fraser Witherow	04:20 - 04:40

06:00 - 06:30 Annual General Body Meeting of Cardiac Society of Nepal Onward GALA Dinner

> HALL C: Rara 2nd November, Friday – 2:00 - 6:00 Break out Session

SESSION 1: CARDIAC ANESTHESIA AND INTENSIVE CARE

MODERATOR: B D Jha, Ashish G Amatya

02:40 - 03:00	Sharma Cardiac care in peripheral situated tertiary level hospital in an anesthetist prospective - Sangina Ranjit Malla Aortic Dissection and pregnancy - Arjun Gurung Tea Break
02:40 - 03:00	Cardiac care in peripheral situated tertiary level hospital in an anesthetist prospective - Sangina Ranjit Malla
03:00 - 03:20	
04:00 - 04:20	

9

2nd November, Friday – 2:00 - 6:00 Break out Session HALL D: Begnas

NURSING SYMPOSIUM

SESSION 1:

MODERATOR: Cathy Woodward **PANELIST:** Anita Dewan, Baruna Pau

PANELIST: Anita Dewan, Baruna Paudel

TEA BREAK	04:00 - 04:20 TEA BREAK
Nurses Role in Cardiac Rehabilitation; Post MI - Nita Dangol	03:30 - 04:00
Patient Safety and Infection Prevention - Marcia Fuller	03:00 - 03:30
Respiratory Failure and Mechanical Ventilation - Cathy Woodward	02:00 - 03:00

SESSION 2:

MODERATOR: Cindy Eckhardt

PANELIST: Kiran Basnet, Bindeshwori Gurung

	05:20 - 05:50	04:50 - 05:20	04:20 - 04:50
management, evidence and practice - Rashmi Maharjan	Nurse - led case management models in Cardiovascular Diseases	04:50 - 05:20 Cardiovascular Medications - Cathy Woodward	04:20 - 04:50 Heart Failure - Chandra Mani Adhikari

06:30 Onward GALA Dinner

3rd November, Saturday - 9:00 - 1:20 Break out Session HALL A: Nepa

CARDIAC SURGERY SESSION 1:

MODERATOR: Duke Cameron

PANELIST: V. Devagourou, Siddharth Pradhan, Anil Bhattarai

TEA BREAK	11:00 - 11:20 TEA BREAK
10:40 - 11:00 Surgical management of HOCM – Prasad Krishnan	10:40 - 11:00
Controversies in single vs. double patch repair for AV septal defects - Rabindra Timala	10:20 - 10:40
Aortic valve surgery in children – Duke Cameron	10:00 - 10:20
TGA with Regressed LV – V. Devagourou	09:40 - 10:00
Early result of Pulmonary Valve preserving surgery for Tetralogy of Fallot - Woong Han Kim	09:20 - 09:40
Cone Repair for Ebsteins Anomaly – Prasad Krishnan	09:00 - 09:20

HALL A: Nepa SESSION 2:

MODERATOR: Jaishankar Raman

PANELIST: Shiv Kumar Nair, Prasad Krishnan, Uttam Shrestha, Sampurna Tuladhar

LUNCH	01:20 - 02:00
Mini Thoracotomy Bentall Surgery - Chirag Doshi	01:00 - 01:20
Coarctation in adults - Bijoy G Rajbanshi	12:40 - 01:00
How to improve outcomes for acute type A Aortic Dissection – Malcolm Underwood	12:20 - 12:40
Minimal Invasive Cardiac Surgery - Zhi Gang Guo	12:00 - 12:20
Total Arterial grafting in low EF patients - Budhaditya Chakraborty	11:40 - 12:00
del Nidocardioplegia in adult patients: scope and concern - Shiv Kumar Nair	11:20 - 11:40

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3rd November, Saturday - 9:00 - 1:20 Break out Session

HALL B: Dhuku

CARDIOLOGY SESSION 1:

MODERATOR: Sasko Kedev

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PANELIST: J. P Jaiswal, Rajendra Koju, Rajib Rajbhandari, Dipanker Prajapati

TEA BREAK	11:00 - 11:20
Rajneesh Kapoor	10.40 - 11.00
Interventional Cardiology - Praveen Chandra	10.10
Sharma The scope and emergence of structural heart therapies in	10:20 - 10:40
Preventing stroke in Rheumatic Heart Disease patients - Sanjib	10:00 - 10:20
Coronary Artery Disease in young - What we need to know - Deewakar Sharma	09:40 - 10:00
Changing scenario of Rheumatic Heart Disease in Nepal - Prakash Raj Regmi	09:20 - 09:40
Management strategies in stuck prosthetic valve - Sudeep Kumar	09:00 - 09:20

HALL B: Dhuku SESSION 2 :

MODERATOR: Douglas Packer

PANELIST: Ranjit Sharma, Man Bdr. K.C, Chandra Mani Poudel, Ranjeet Baral

Acute MI Care in Bangladesh - Challenges and Solutions - MD. Fakhrul Islam Khaled	01:00 - 01:20
Antiarrhythmic drugs vs. catheter ablation for Atrial Fibrillation - Douglas Packer	12:40 - 01:00
Evaluation of Palpitation - Sujeeb Rajbhandari	12:20 - 12:40
12:00 - 12:20 Imaging guided PCI in the present era - Takashi Akasaka	12:00 - 12:20
Step wise evaluation of Syncope - Douglas Packer	11:40 - 12:00
Pacemakers, Defibrillators and CRTs: Choosing right device for right patient - Roshan Raut	11:20 - 11:40

12

01:20 - 02:00

LUNCH

 $3^{rd}\,\text{November},\,\text{Saturday}$ - 12:00 - 1:00 LIVE Case Presentation HALL C $-\,\text{Rara}$

LIVE PRESENTATION

12:00 - 01:00 ASD Device Closure LIVE Case presentation from Shahid Gangalal National Heart Centre, Kathmandu

Panelist: Rabi Malla, Urmila Shakya, Navin Gautam, Sudeep Kumar Operators: Chandra Mani Adhikari, Manish Shrestha, Amrit Bogati, Sachin Dhungel

Topic

- 1. Indication of ASD device closure
- 2. Evaluation of ASD and its rim
- 3. Device size selection
- 4. Device deployment technique
- 5. Post procedure management

01:20 - 02:00
LUNCH

3rd November, Saturday - 9:00 - 1:20 Break out Session HALL D: Begnas

NURSING SYMPOSIUM SESSION 1:

MODERATOR: Marcia Fuller

PANELIST: Nita Dangol, Jamuna Tamrakar Sayami

09:00 - 10:00	09:00 - 10:00 Initial Assessment - Susan Douglass and Cathy Woodward
10:00 - 10:30	10:00 - 10:30 Airway Interventions - Marcia Fuller
10:30 - 11:00	10:30 - 11:00 Arterial Blood Gas Interpretation and Interventions - Cindy Eckhardt
11:00 - 11:20	TEA BREAK

HALL D : Begnas SESSION 2:

MODERATOR: Susan Douglass PANELIST: Bishnu Singh

11:20 - 11:50	11:20 - 11:50 CRRT and its Nursing Implication - Prati Badan Dangol
11:50 - 12:20	Cardiothoracic Vascular Intensive Nursing Training Programs and Experience - Jamuna Tamrakar Sayami
12:20 - 12:50	Review of ECMO and IABP support in critically ill patient - Kaveri Thapa
12:50 - 01:20	12:50 - 01:20 Nutrition in Cardiac Patient - Sarita Manandhar
01:20 - 02:00 LUNCH	LUNCH

14

3rd November, Saturday - 11 A.M Onwards PROFESSOR WALK ROUNDS - POSTERS

Poster Judges: Kumud Dhital, Ajay Bahl, Vivek Jawali

Neonatal Arrhythmia: A case report - Anish Joshi Impact of Transcatheter ASD closure on Right atrial and ventricular dimensions and function in adults - Shaneez Najmy	P16 P17
Short term outcome of Atrial septal defect (ASD) device closure in elderly - Sachin Dhungel	P15
Sarcoidosis with Cardiac involvement: a rare presentation with Cardiac Tamponade - Chandra Mani Poudel	P14
Transcatheter closure of atrial septal defect with amplatzer device in adolescence and adults: Short term results: MCVTC experience - Rajaram Khanal	P13
Frequency of ABO and RH in patients with acute coronary syndrome - Surya Raj Pathak	P12
Outcome of Newer Fibrin Specific Specific Thrombolitic agent in STEMI in a Community Hospital set up -Shivaji Bikram Silwal	P11
Clinical profile of patients who underwent Primary PCI at tertiary hospital in Nepal - Parash Koirala	P10
Study of Clinical Profile and Indications of Permanent Pacemaker Insertion in Nepali Population presenting to tertiary care centre in Nepal - Shovit Thapa	P9
Diameter of radial and ulnar artery of Nepalese adult population presenting at Tertiary Cardiac Care Center - Nagma Shrestha	P8
Ventricular Septal Defect device closure at Shahid Gangalal National Heart Centre Kathmandu, Nepal - Subhash Chandra Shah	P7
Minimal Invasive Total Arterial Multi vessels CABG through Left Minithoracotomy - Kaushal K Tiwari	P6
A Study on Electrocardiogram and 2D Echocardiographic findings in ischemic stroke in Nepalgunj Medical College, Nepalgunj - Manita Pyakurel	P5
Right axillary mini-thoracotomy access for treating congenital heart disease - Anil Bhattarai	P4
Transcatheter closure of Patent ductus arteriosus in adults at Shahid Gangalal National Heart Centre, Kathmandu, Nepal - Shaneez Najmy	P3
Echocardiography in stroke: a cross sectional study - Mani Prasad Gautam	P2
Effect of papaverine on the flow of Left internal thoracic (mammary) artery for coronary artery bypass grafting - Kush Bahadur Rana	7

3rd November, Saturday- 02:00 - 04:00 Free Paper Session HALL A & B : Nepa Dhuku

02:00 - 04:00	
FREE PAPER SESSION	

Judges: Sudhir Kushwaha, Douglas Packer, Jose Pomar, James Blankenship, Carlos Mestres

Minithoracotomy - Kaushal K Tiwari, Nepal
Gangalal National Heart Centre, Kathmandu, Nepal - Kiran Acharya, Nepal
Safety and efficacy of Trans-catheter device closure of ASD at Shahid
Nepal - Chandra Mani Poudel, Nepal
in Manamohan Cardiothoracic Cascular and Transplant Centre, Kathmandu,
Clinical profile of patients presenting with acute pulmonary thromboembolism
Sharma, Nepal
PDA Device selection based on echocardiography Vs Angiography - Poonam
Evaluation of Role of TEE in Stroke - Santosh Shrestha, Nepal
Sahi, Nepal
& Percutaneous Coronary Intervention in a Tertiary Care Center Nepal - Ravi
Initial Experience on Anatomical Snuff Box Approach for Coronary Angiogram

A10. M	A9. M	A8. A:
Minimal Invasive Direct Coronary Artery Bypass Grafting Using Bilateral Internal Mammary Arteries. Our Experience - Manish Jawarkar, India	Mid-term result of Shahid Gangalal National Heart Centre:ST elevation Myocardial Infarction -Registry - Rikesh Tamrakar, Nepal	Atrial Septal Defect's size and rims in transesophegal echocardiogram -Amrit Bogati, Nepal

A7.

Outcome of Cardiac Resynchronization Therapy - Roshan Raut, Nepal

04:00 - 04:30	Cardiac Society President Oration
	Introduction : Yadav Kumar Deo Bhatta, President
	Cardiac Society of Nepal
	Global Burden of Heart Failure
	Sudhir Kushwaha, USA
04:30 - 04:40	Award Ceremony
	Best Abstract Award
	Best Poster Award
04:40	Concluding Remarks
	Yadav Kumar Deo Bhatta, President
	Cardiac Society of Nepal
05:00 — 05:30	Executive Committee Meeting

NATIONAL FACULTY

A.B Upadhyaya

Senior Consultant Cardiologist
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Ranjeet Baral

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Roshan Raut

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Sanjib Sharma

University Hospital

Professor and Head
Department of Inetrnal Medicine
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Subhash P Acharya Consultant Intensivist

Consultant Intensivist and Chief, TU Teaching Hospital Intensive Care Unit, Grande International Hospital ICU Associate Professor in Anesthesiology, Institute of Medicine, Tribhuvan University, Kathmandu

Sujeeb Rajbhandari

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Sunil C. Jha

Professor

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Uttam Shrestha

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Professor of Surgery
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Yadav Kumar Deo Bhatt

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Senior Consultant Cardiologist
Senior Consultant Cardiologist
Director, Cardiology
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INTERNATIONAL FACULTY

A **Ajay Bahl** Professor c

Professor of Cardiology PGIMER, Chandigarh, India

Asit Baran Adhikary

Chairman & Chief of Special Unit Department of Cardiac Surgery, Bangabandhu Sheikh Mujib Medical University (BSMMU) Bangladesh

Budhaditya Chakraborty

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Sr Consultant CTVS
Mahatma Gandhi Cardiac &
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MGMUST, Jaipur ,Rajasthan
India

Carlos Mestres

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Senior Consultant
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Cathy S. Woodward

Associate Chair for Nursing Practice
Professor of Pediatrics
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Chirag DoshiProfessor and Head of the

Department

UN Mehta Institute of Cardiology
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Gujrat India

Chua Yeow Leng

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Cindy Eckhardt

RN Charge Nurse University Hospital System Pediatric Congenital Cardiac Unit USA

Devagourou Velayoudam

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